

INFLUENCE OF EMOTIONAL INTELLIGENCE ON ORGANISATIONAL ROLE STRESS AMONG IT SECTOR EMPLOYEES

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ABSTRACT

With ever increasing globalised economy throughout the world, employee performance for improved productivity at minimal operating costs for higher profitability has become imperative for sustained success in this highly competitive market conditions. In addition, most modern organizations constantly undergo radical changes in their organizational process to remain adaptive to the changing business environment. In this context, motivating employees for contributions to effective performance with minimized organizational work stress are vital components of any Human Resource Department. This study is an attempt to map the Organizational Role Stress and Emotional Intelligence levels among the employees in Information Technology sector for understanding the extent of influence on each other. Statistical analysis of the primary data collected reveals existence of a very weak relationship between Emotional Intelligence and Organizational Role Stress among employees of IT sector.